

**COUNCIL OF AGING BOARD MEETING
409 PLYMOUTH STREET
HALIFAX, MA 02338**

DATE of Meeting: December 12, 2023 9:30 a.m.
NOTE: Held every 3rd Tuesday of the month
**Selectman Meeting Room – First Floor
499 Plymouth St Halifax**

Members Present: Darlene Regan - Director, Mike Rugnetta, Sarah Sloat, Jean Gallant, Judy Rakutis, Ruth Walters, Fred Corrigan, Barbara Curtis(Outreach Director)

Secretary's Report:

- Called to order at 9:34am by Jean Gallant.
- Reviewed Minutes of November 2023
- Mike Rugnetta made a motion to accept the minutes, second by Ruth. 1 Edit, Gene to Jean for name spelling, voted on and passed.

Chair's Report:

- Special guest Mike Devin from Thorndike, presentation on the new Senior Center/Senior Living development
- Facebook post to be updated to new version and also on newsletter
- Ruth made a motion to update the COA policies to reflect 9:30am meeting start, from 10am, second by Jean, voted and approved.

Director's Report:

Budget Report

- Darlene reported \$29,610 state grant came in to COA

Stats and Events Report

- RMV community program
- Yoga on a sabbatical for December, back in January
- Zumba and Strength classes going well
- discussion on COA newsletter content, should advisory board have input/approval on any items added

GENERATIONS

- Sarah Sloat reported
 - John Laskey voted in as Chair
 - Brian Clay voted in as co chair
 - Jean voted in as secretary
 - Johnny Appleseed program will be discussed and voted on in January

SHINE

- Shine counselor Thursdays 9-4pm, for COA members health and info needs

OCES

- Darlene met with Nicole Long, exec director
- community outreach network meeting 1x/month, Barbara incorporating this into the Halifax Estates program
- talk about meals not being labeled properly, restructuring process for meals on wheels

TRIAD

- Judy new secretary
- talked about crisis hotline info
- access to comfort days at COA building

Correspondence:

- Does COA allow liquor and cannabis ads in our newsletter, board members agreed its ok, as they are legitimate business in town.

PUBLIC DISCUSSION AND OTHER BUSINESS DEEMED NECESSARY BY THE CHAIR:

Adjournment 11:06am